

SGAA Soccer U14/U19 Rules

Field size: Length 120 yards, Width 50 yards

Ball size: #5

Max. Number of players on a team: 15

Number of Players on the field: 11 (including goalie)

Minimum Number of Players: 7

Game time: 2 – 30 minute halves

10 minute break at halftime

1. Substitutes: a team shall have, at least, one substitute even if it requires playing with less than 11. If due to injury or sickness a teams drops to less than 7 players then the game will be stopped and whichever team is in the lead will be declared the winner; however, if it is a tie then it will go down as a tie. Rule #7 does not apply in this case and Rule #8 will only apply if it affects the season standings.
2. Offside will be called in this league. (NFHS Rule #11)
3. No slide tackles
4. Fouls and Misconduct (NFHS Rule #12)
5. Intentional delay of game: This is considered to be unsportsmanlike conduct. (Example: A team continually ensures that the ball goes out of bound in order to waste time and prevent the opposing team from scoring. This will be a judgment call on the part of the referee.) Either a direct or indirect kick will be awarded to the opposing team if the referee calls a team for this offense.
6. Substitution procedures (NFHS Rule #3)
7. Tie games: If a game ends in a tie then another 5 minutes will be played. To be fair a coin toss will be done. The winning team of the coin toss will be the kickoff team. The first team to score is considered the winner; game is over. If after 5 minutes of play the score is still tied then a kickoff will be done. Each team will chose 5 players, to begin with. Referee will choose the goal. The opposing team will place their goalie in position. If after 5 kicks per team the score is still tied then the kickoff will continue. All available players must kick first before a player gets a second kick. If after 3 rounds the score is still tied then it will be a tie game and only if it affects the First place season standing will there be a playoff game. This will be done at the end of the season and before tournament begins.
8. Season standings ties: If it is a tie for first place then a playoff game will be done. This will be done prior to any tournament game. 3rd and 4th place positions will be done by a coin toss.
9. Players can get yellow or red carded by the referee only. Players will start fresh each game. If a referee red cards a player then they are removed from the game and cannot come back in.

Please ensure players drink only water or sports drinks during game. This is to avoid dehydration and becoming sick. If necessary to eat during the game, please have the parent(s) or snack person provide fruit such as orange slices. Snacks and other types of drinks can be provided at the end of the game